



**SPRING 2014
PROGRAM EVALUATION**

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**Exhibit I
Operation Tone-Up
2014 Program Evaluation**

Mean Score Improvement & Percentage Improvement

State	District	School	Student Count*	Knowledge of Nutrients		Push-Ups		Sit-Ups	
				Mean Change	Mean % Change	Mean Change	Mean % Change	Mean Change	Mean % Change
AZ	Payson	Julia Randall	245	3.58	109.8%	4.27	159.6%	15.52	226.2%
	Washington	REM	145	2.77	66.2%	4.25	57.2%	10.04	79.5%
AZ Total			390	3.28	91.0%	4.25	65.6%	12.20	117.7%
CA	Temple City	Cloverly	255	2.11	56.7%	5.00	68.2%	3.68	41.4%
		Cherrylee	17	1.18	32.3%	6.08	58.1%		
	El Monte	Potrero	111	3.05	94.4%	4.06	78.0%	6.48	77.4%
		Rio Vista	104	2.95	66.0%	8.75	83.0%	15.56	99.4%
		Shirpser	127	3.02	99.7%	2.56	60.3%	6.74	105.3%
		Cortada	73	2.90	75.2%	5.20	103.1%	11.40	118.6%
		Durfee	80	2.13	55.4%	7.55	69.4%	15.11	109.9%
		Frank Wright	81	3.25	90.1%	6.54	88.0%	9.87	61.0%
		Gidley	53	3.30	88.8%	4.88	61.5%	10.43	70.2%
		New Lexington	69	3.25	87.2%	5.50	56.7%	20.96	126.5%
		Wilkerson	49	4.29	114.1%	6.92	52.9%	15.30	119.4%
		El Monte Total		764	3.01	82.6%	5.89	72.0%	12.36
CA Total			1,019	2.79	76.0%	5.65	71.0%	10.18	88.8%
Grand Total			1,409	2.92	80.1%	5.38	70.2%	10.63	94.8%

*Student count is based upon the number of students that had a pre and post test score for knowledge of nutrients

**Exhibit 2
Operation Tone-Up
2014 Program Evaluation
Arizona Schools**

Mean Score Improvement & Percentage Improvement by Classroom

District	School	Classroom	Student Count*	Knowledge of Nutrients		Push-Ups		Sit-Ups	
				Mean Change	Mean % Change	Mean Change	Mean % Change	Mean Change	Mean % Change
Payson	Julia Randall	Mr. Haught	29	3.69	113.8%	4.25	130.8%	24.50	285.8%
		Eckhardt	22	4.27	136.2%	5.00	230.8%	18.30	254.2%
		Hoyt	22	3.73	124.2%	2.33	50.0%	18.83	594.7%
		Lien	19	2.68	96.2%	9.00	900.0%	19.60	852.2%
		Richard	22	4.05	134.8%	2.50	78.9%	14.36	359.1%
		Ammann	24	3.46	103.8%	5.00	333.3%	15.00	157.9%
		Bauer	31	4.23	133.7%	5.40	225.0%	20.08	213.9%
		Fletcher	22	3.50	97.5%	4.33	162.5%	8.71	138.3%
		Mrs. Haught	27	2.81	80.9%	5.00	200.0%	8.60	122.9%
		Lorenz	27	3.22	87.0%	3.33	166.7%	6.38	55.4%
Payson Total			245	3.58	109.8%	4.27	159.6%	15.52	226.2%
Washington	REM	McRae	19	0.37	8.0%	5.35	72.2%	5.11	31.5%
		Demcko	28	2.43	49.3%	1.85	24.9%	9.45	59.4%
		Easley	24	2.92	47.6%	5.65	117.6%	12.45	89.6%
		H. Sanchez	20	3.85	101.3%	3.82	35.3%	9.18	102.0%
		Jefferson	14	1.79	78.1%	3.00	42.9%	9.47	88.7%
		C. Sanchez	18	4.00	160.0%	4.65	49.7%	10.25	100.5%
		Rich	22	3.73	101.2%	5.90	99.2%	13.24	119.8%
Washington Total			145	2.77	66.2%	4.25	57.2%	10.04	79.5%
Grand Total			390	3.28	91.0%	4.25	65.6%	12.20	117.7%

*Student count is based upon the number of students that had a pre and post test score for knowledge of nutrients

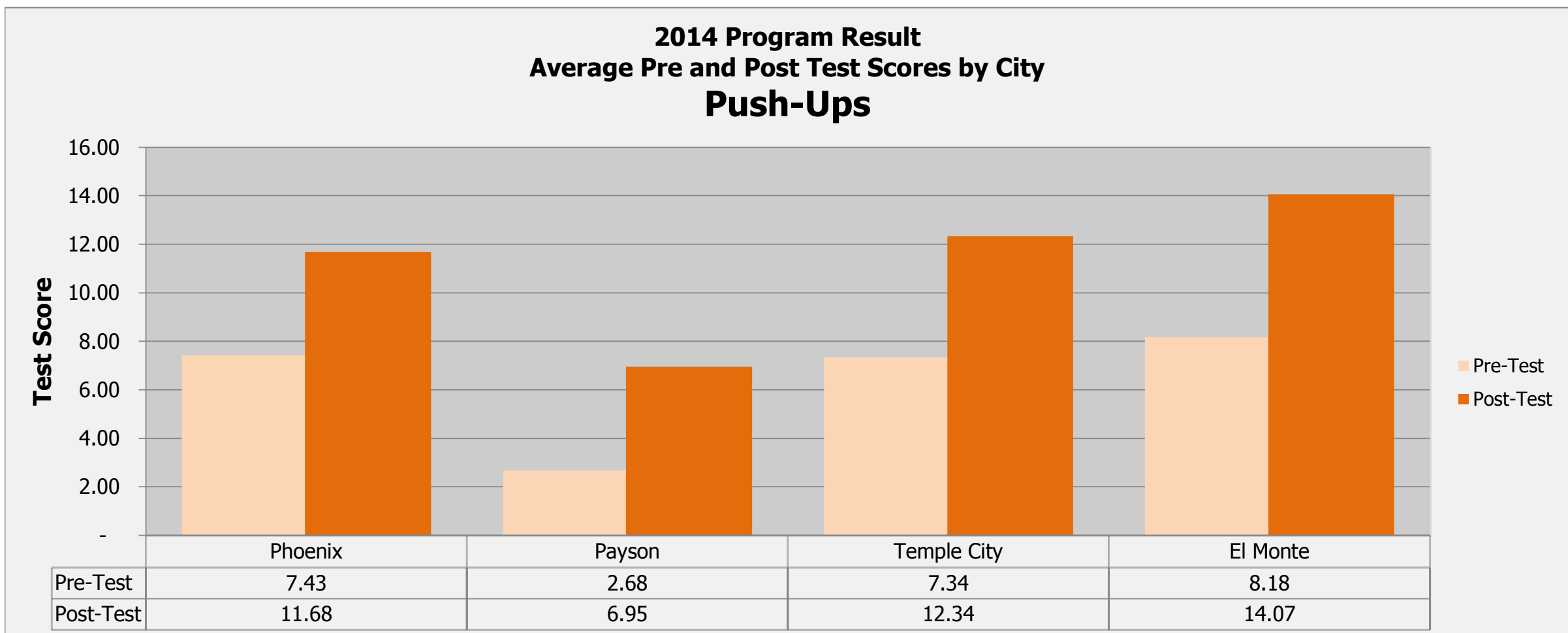
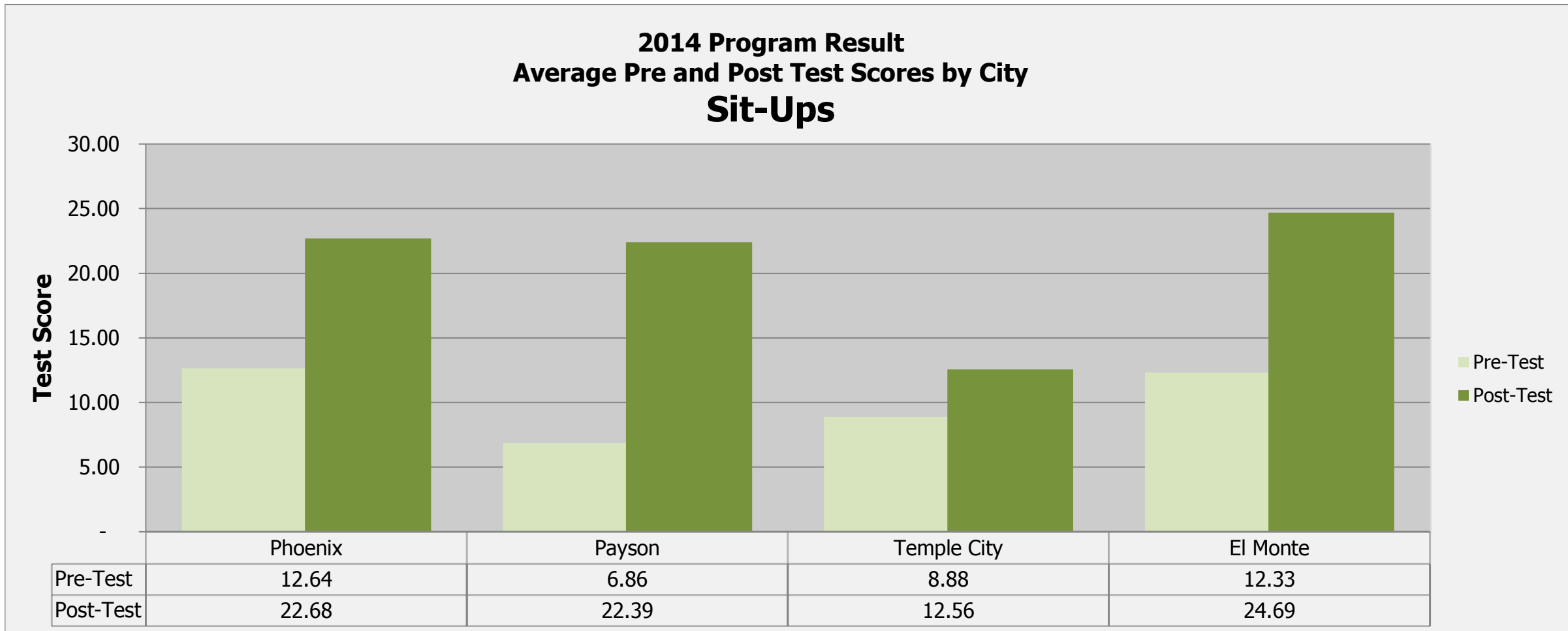
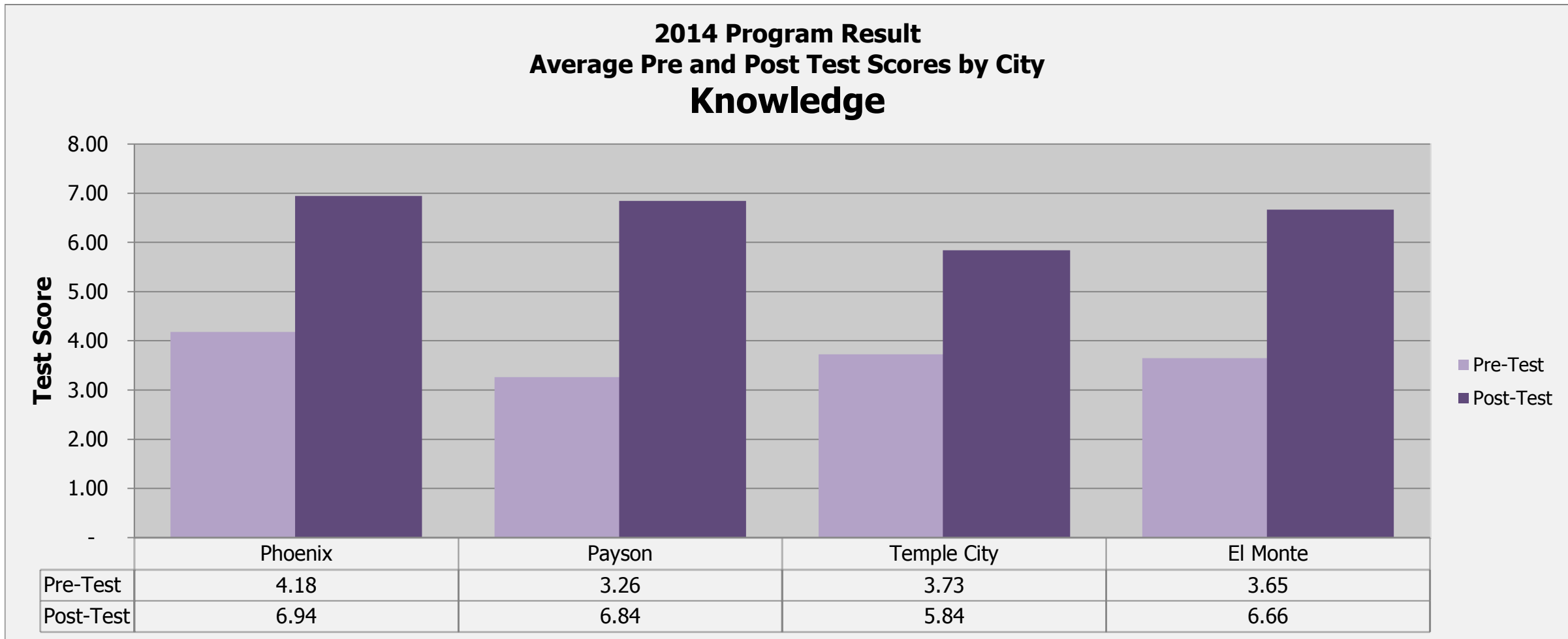
**Exhibit 3
Operation Tone-Up
2014 Program Evaluation
California Schools**

Mean Score Improvement & Percentage Improvement by Classroom

District	School	Classroom	Student Count*	Knowledge of Nutrients		Push-Ups		Sit-Ups		
				Mean Change	Mean % Change	Mean Change	Mean % Change	Mean Change	Mean % Change	
Temple City	Clovery	Boyd	29	2.52	76.8%	13.04	368.5%	6.68	82.4%	
		Galvan	24	1.58	47.5%	11.17	162.1%	1.60	14.7%	
		Jones	28	2.07	50.4%	1.92	17.7%	1.38	10.9%	
		Leeming	26	2.42	63.0%	2.21	32.7%	-1.72	-21.3%	
		O'Dell	30	1.97	53.2%	-5.41	-32.0%	3.26	32.3%	
		Palfrey	29	2.00	51.8%	6.25	122.0%	8.07	82.5%	
		Rose	30	2.00	51.3%	6.35	214.1%	2.63	52.3%	
		Turner	31	2.26	56.0%	8.41	268.1%	7.86	135.7%	
		Wong	28	2.14	63.2%	3.05	32.2%	1.35	11.8%	
Temple City Total			255	2.11	56.7%	5.00	68.2%	3.68	41.4%	
El Monte	Cherrylee	Kyle Kappe	17	1.18	32.3%	6.08	58.1%			
		Potrero	27	2.26	56.5%	4.68	102.0%	4.92	46.0%	
		Gamboa		28	2.50	97.2%	8.40	160.0%	11.34	139.4%
				26	3.96	119.8%	5.00	90.9%	5.06	172.3%
				30	3.50	112.9%	0.33	6.1%	3.79	39.9%
				27	3.48	80.3%	3.28	24.6%	10.30	57.8%
	Rio Vista	Jones		24	2.25	39.7%	7.75	71.0%	9.96	56.7%
				25	2.72	73.1%	15.67	204.3%	30.08	170.3%
				28	3.25	76.5%	9.45	97.7%	13.11	131.6%
	Shirpsar	Carrillo		26	3.54	131.4%	4.20	131.3%	6.09	103.1%
				25	3.52	97.8%	3.80	70.4%	7.86	87.3%
		Debbie Dominguez		26	2.42	74.1%	3.56	118.5%	6.20	108.8%
				15	0.33	10.6%	4.67	93.3%	14.90	827.8%
				35	3.86	146.7%	1.71	38.2%	4.69	63.3%
	Cortada	Brian Richenberger		27	3.19	93.5%	7.10	202.9%	15.24	178.0%
				18	3.72	109.8%	6.60	121.1%	8.91	84.1%
	Durfee	Corrine Marquez		28	2.11	45.7%	2.46	41.0%	9.76	99.6%
				26	2.00	53.1%	3.28	24.6%	10.30	57.8%
				27	3.74	90.2%	6.04	49.7%	18.46	100.4%
	Frank Wright	Shimazu		27	0.63	17.5%	9.68	85.2%	7.31	53.4%
				28	3.21	97.8%	1.71	16.3%	6.46	28.1%
				26	4.23	141.0%	8.17	145.0%	13.77	110.1%
	Gidley	Wilson		27	2.33	51.6%	17.00	326.9%	5.17	96.9%
				29	3.03	80.0%	4.17	111.9%	8.82	84.0%
	New Lexington	Zelaya		24	3.63	100.0%	5.69	44.8%	16.86	52.2%
				14	2.29	41.0%	3.28	24.6%	10.30	57.8%
				29	3.62	152.2%	7.65	317.1%	40.93	604.9%
Wilkerson	Oscar Lopez		26	3.35	79.1%	8.24	59.0%	20.08	70.4%	
			25	4.36	111.2%	8.57	131.9%	20.52	145.6%	
			24	4.21	117.4%	5.96	35.2%	8.44	75.8%	
El Monte Total			764	3.01	82.6%	5.89	72.0%	12.36	100.3%	
Grand Total			1,019	2.79	76.0%	5.65	71.0%	10.18	88.8%	

*Student count is based upon the number of students that had a pre and post test score for knowledge of nutrients

Exhibit 4
Operation Tone-Up
2014 Program Evaluation



**Exhibit 5
Operation Tone-Up
2014 Program Evaluation**

**2014 Program Results
Percentage of Students that Showed Improvement
By School District**

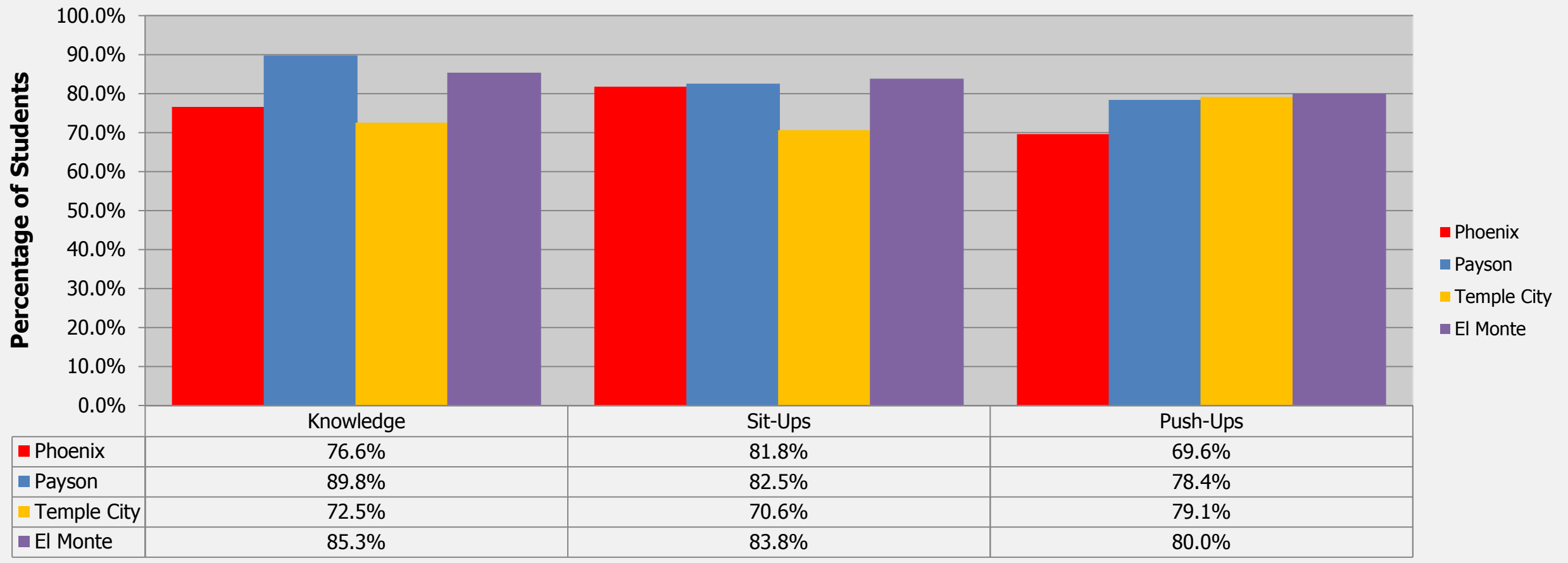


Exhibit 6
Operation Tone-Up
2014 Program Evaluation
Arizona Schools

Pre & Post Test Scores for Knowledge of Nutrients

District	School	Classroom	Student Count	(a) Pre Test Mean Score	(b) Post Test Mean Score	(c) = (b) - (a) Mean Change	(d) = (c) / (a) Mean % Change
Payson	Julia Randall	Mr. Haught	29	3.24	6.93	3.69	113.8%
		Eckhardt	22	3.14	7.41	4.27	136.2%
		Hoyt	22	3.00	6.73	3.73	124.2%
		Lien	19	2.79	5.47	2.68	96.2%
		Richard	22	3.00	7.05	4.05	134.8%
		Ammann	24	3.33	6.79	3.46	103.8%
		Bauer	31	3.16	7.39	4.23	133.7%
		Fletcher	22	3.59	7.09	3.50	97.5%
		Mrs. Haught	27	3.48	6.30	2.81	80.9%
		Lorenz	27	3.70	6.93	3.22	87.0%
Payson Total			245	3.26	6.84	3.58	109.8%
Washington	REM	McRae	19	4.58	4.95	0.37	8.0%
		Demcko	28	4.93	7.36	2.43	49.3%
		Easley	24	6.13	9.04	2.92	47.6%
		H. Sanchez	20	3.80	7.65	3.85	101.3%
		Jefferson	14	2.29	4.07	1.79	78.1%
		C. Sanchez	18	2.50	6.50	4.00	160.0%
		Rich	22	3.68	7.41	3.73	101.2%
Washington Total			145	4.18	6.94	2.77	66.2%
Grand Total			390	3.60	6.88	3.28	91.0%

Exhibit 7
Operation Tone-Up
2014 Program Evaluation
California Schools

Pre & Post Test Scores for Knowledge of Nutrients

District	School	Classroom	Student Count	(a) Pre Test Mean Score	(b) Post Test Mean Score	(c) = (b) - (a) Mean Change	(d) = (c) / (a) Mean % Change	
Temple City	Clovery	Boyd	29	3.28	5.79	2.52	76.8%	
		Galvan	24	3.33	4.92	1.58	47.5%	
		Jones	28	4.11	6.18	2.07	50.4%	
		Leeming	26	3.85	6.27	2.42	63.0%	
		O'Dell	30	3.70	5.67	1.97	53.2%	
		Palfrey	29	3.86	5.86	2.00	51.8%	
		Rose	30	3.90	5.90	2.00	51.3%	
		Turner	31	4.03	6.29	2.26	56.0%	
		Wong	28	3.39	5.54	2.14	63.2%	
Temple City Total			255	3.73	5.84	2.11	56.7%	
El Monte	Cherrylee	Kyle Kappe	17	3.65	4.82	1.18	32.3%	
		Potrero	Betty Ponce	27	4.00	6.26	2.26	56.5%
			Gamboa	28	2.57	5.07	2.50	97.2%
			Valdez	26	3.31	7.27	3.96	119.8%
			Bahena	30	3.10	6.60	3.50	112.9%
	Rio Vista	Haupt	24	5.67	7.92	2.25	39.7%	
		Vales	25	3.72	6.44	2.72	73.1%	
		Dumitrescu	28	4.25	7.50	3.25	76.5%	
		Jones	27	4.33	7.81	3.48	80.3%	
	Shirpsier	Carrillo	26	2.69	6.23	3.54	131.4%	
		Ramirez	25	3.60	7.12	3.52	97.8%	
		Debbie Dominguez	26	3.27	5.69	2.42	74.1%	
		Gonzalez	15	3.13	3.47	0.33	10.6%	
		Espinoza	35	2.63	6.49	3.86	146.7%	
	Cortada	Brian Richenberger	27	3.41	6.59	3.19	93.5%	
		Lara Powers	18	3.39	7.11	3.72	109.8%	
		Corrine Marquez	28	4.61	6.71	2.11	45.7%	
	Durfee	Linger	27	4.15	7.89	3.74	90.2%	
		Shimazu	27	3.59	4.22	0.63	17.5%	
		Smith	26	3.77	5.77	2.00	53.1%	
	Frank Wright	Willie Thay	28	3.29	6.50	3.21	97.8%	
		Montoya	26	3.00	7.23	4.23	141.0%	
		Wilson	27	4.52	6.85	2.33	51.6%	
	Gidley	Avazian	29	3.79	6.83	3.03	80.0%	
		Zelaya	24	3.63	7.25	3.63	100.0%	
	New Lexington	Chantel Cravens	29	2.38	6.00	3.62	152.2%	
		Oscar Lopez	26	4.23	7.58	3.35	79.1%	
Doe		14	5.57	7.86	2.29	41.0%		
Wilkerson	Maldonado	25	3.92	8.28	4.36	111.2%		
	Garcia	24	3.58	7.79	4.21	117.4%		
El Monte Total			764	3.65	6.66	3.01	82.6%	
Grand Total			1,019	3.67	6.46	2.79	76.0%	

Exhibit 8
Operation Tone-Up
2014 Program Evaluation
Arizona Schools

Pre & Post Test Scores for Push-Ups

District	School	Classroom	Student Count	(a) Pre Test Mean Score	(b) Post Test Mean Score	(c) = (b) - (a) Mean Change	(d) = (c) / (a) Mean % Change
Payson	Julia Randall	Mr. Haught	4	3.25	7.50	4.25	130.8%
		Eckhardt	6	2.17	7.17	5.00	230.8%
		Hoyt	3	4.67	7.00	2.33	50.0%
		Lien	1	1.00	10.00	9.00	900.0%
		Richard	6	3.17	5.67	2.50	78.9%
		Ammann	2	1.50	6.50	5.00	333.3%
		Bauer	5	2.40	7.80	5.40	225.0%
		Fletcher	3	2.67	7.00	4.33	162.5%
		Mrs. Haught	4	2.50	7.50	5.00	200.0%
		Lorenz	3	2.00	5.33	3.33	166.7%
Payson Total			37	2.68	6.95	4.27	159.6%
Washington	REM	McRae	17	7.41	12.76	5.35	72.2%
		Demcko	27	7.44	9.30	1.85	24.9%
		Easley	26	4.81	10.46	5.65	117.6%
		H. Sanchez	22	10.82	14.64	3.82	35.3%
		Jefferson	18	7.00	10.00	3.00	42.9%
		C. Sanchez	17	9.35	14.00	4.65	49.7%
		Rich	21	5.95	11.86	5.90	99.2%
Washington Total			148	7.43	11.68	4.25	57.2%
Grand Total			185	6.48	10.74	4.25	65.6%

Exhibit 9
Operation Tone-Up
2014 Program Evaluation
California Schools

Pre & Post Test Scores for Push-Ups

District	School	Classroom	Student Count	(a) Pre Test Mean Score	(b) Post Test Mean Score	(c) = (b) - (a) Mean Change	(d) = (c) / (a) Mean % Change	
Temple City	Clovery	Boyd	26	3.54	16.58	13.04	368.5%	
		Galvan	18	6.89	18.06	11.17	162.1%	
		Jones	26	10.85	12.77	1.92	17.7%	
		Leeming	24	6.75	8.96	2.21	32.7%	
		O'Dell	27	16.89	11.48	(5.41)	-32.0%	
		Palfrey	8	5.13	11.38	6.25	122.0%	
		Rose	31	2.97	9.32	6.35	214.1%	
		Turner	29	3.14	11.55	8.41	268.1%	
		Wong	22	9.45	12.50	3.05	32.2%	
Temple City Total			211	7.34	12.34	5.00	68.2%	
El Monte	Cherrylee	Kyle Kappe	13	10.46	16.54	6.08	58.1%	
		Potrero	Betty Ponce	22	4.59	9.27	4.68	102.0%
			Gamboa	20	5.25	13.65	8.40	160.0%
			Valdez	12	5.50	10.50	5.00	90.9%
			Bahena	30	5.50	5.83	0.33	6.1%
	Rio Vista	Haupt	24	10.92	18.67	7.75	71.0%	
		Vales	21	7.67	23.33	15.67	204.3%	
		Dumitrescu	22	9.68	19.14	9.45	97.7%	
		Jones	25	13.36	16.64	3.28	24.6%	
		Shirpser	Carrillo	5	3.20	7.40	4.20	131.3%
	Ramirez		5	5.40	9.20	3.80	70.4%	
	Debbie Dominguez		9	3.00	6.56	3.56	118.5%	
	Gonzalez		3	5.00	9.67	4.67	93.3%	
	Espinoza		35	4.49	6.20	1.71	38.2%	
	Cortada	Brian Richenberger	20	3.50	10.60	7.10	202.9%	
		Lara Powers	20	5.45	12.05	6.60	121.1%	
		Corrine Marquez	24	6.00	8.46	2.46	41.0%	
	Durfee	Linger	27	12.15	18.19	6.04	49.7%	
		Shimazu	25	11.36	21.04	9.68	85.2%	
		Smith	13	7.38	14.00	6.62	89.6%	
	Frank Wright	Willie Thay	21	10.52	12.24	1.71	16.3%	
		Montoya	30	5.63	13.80	8.17	145.0%	
		Wilson	5	5.20	22.20	17.00	326.9%	
	Gidley	Avazian	18	3.72	7.89	4.17	111.9%	
		Zelaya	16	12.69	18.38	5.69	44.8%	
	New Lexington	Oscar Vivas	25	8.88	10.72	1.84	20.7%	
		Chantel Cravens	17	2.41	10.06	7.65	317.1%	
Oscar Lopez		21	13.95	22.19	8.24	59.0%		
Wilkerson	Doe	13	13.92	19.23	5.31	38.1%		
	Maldonado	14	6.50	15.07	8.57	131.9%		
	Garcia	24	16.92	22.88	5.96	35.2%		
El Monte Total			579	8.18	14.07	5.89	72.0%	
Grand Total			790	7.95	13.60	5.65	71.0%	

Exhibit 10
Operation Tone-Up
2014 Program Evaluation
Arizona Schools

Pre & Post Test Scores for Sit-Ups

District	School	Classroom	Student Count	(a) Pre Test Mean Score	(b) Post Test Mean Score	(c) = (b) - (a) Mean Change	(d) = (c) / (a) Mean % Change
Payson	Julia Randall	Mr. Haught	14	8.57	33.07	24.50	285.8%
		Eckhardt	10	7.20	25.50	18.30	254.2%
		Hoyt	6	3.17	22.00	18.83	594.7%
		Lien	10	2.30	21.90	19.60	852.2%
		Richard	11	4.00	18.36	14.36	359.1%
		Ammann	4	9.50	24.50	15.00	157.9%
		Bauer	13	9.38	29.46	20.08	213.9%
		Fletcher	17	6.29	15.00	8.71	138.3%
		Mrs. Haught	10	7.00	15.60	8.60	122.9%
		Lorenz	8	11.50	17.88	6.38	55.4%
Payson Total			103	6.86	22.39	15.52	226.2%
Washington	REM	McRae	19	16.21	21.32	5.11	31.5%
		Demcko	29	15.90	25.34	9.45	59.4%
		Easley	29	13.90	26.34	12.45	89.6%
		H. Sanchez	22	9.00	18.18	9.18	102.0%
		Jefferson	19	10.68	20.16	9.47	88.7%
		C. Sanchez	20	10.20	20.45	10.25	100.5%
		Rich	21	11.05	24.29	13.24	119.8%
Washington Total			159	12.64	22.68	10.04	79.5%
Grand Total			262	10.37	22.56	12.20	117.7%

Exhibit 11
Operation Tone-Up
2014 Program Evaluation
California Schools

Pre & Post Test Scores for Sit-Ups

District	School	Classroom	Student Count	(a) Pre Test Mean Score	(b) Post Test Mean Score	(c) = (b) - (a) Mean Change	(d) = (c) / (a) Mean % Change
Temple City	Clovery	Boyd	28	8.11	14.79	6.68	82.4%
		Galvan	20	10.85	12.45	1.60	14.7%
		Jones	26	12.73	14.12	1.38	10.9%
		Leeming	25	8.08	6.36	(1.72)	-21.3%
		O'Dell	19	10.11	13.37	3.26	32.3%
		Palfrey	28	9.79	17.86	8.07	82.5%
		Rose	30	5.03	7.67	2.63	52.3%
		Turner	29	5.79	13.66	7.86	135.7%
		Wong	23	11.43	12.78	1.35	11.8%
Temple City Total			228	8.88	12.56	3.68	41.4%
El Monte	Potrero	Betty Ponce	26	10.69	15.62	4.92	46.0%
		Gamboa	29	8.14	19.48	11.34	139.4%
		Valdez	16	2.94	8.00	5.06	172.3%
		Bahena	29	9.52	13.31	3.79	39.9%
	Rio Vista	Haupt	25	17.56	27.52	9.96	56.7%
		Vales	24	17.67	47.75	30.08	170.3%
		Dumitrescu	27	9.96	23.07	13.11	131.6%
		Jones	27	17.81	28.11	10.30	57.8%
	Shirpsier	Carrillo	22	5.91	12.00	6.09	103.1%
		Ramirez	14	9.00	16.86	7.86	87.3%
		Debbie Dominguez	20	5.70	11.90	6.20	108.8%
		Gonzalez	10	1.80	16.70	14.90	827.8%
	Cortada	Espinoza	35	7.40	12.09	4.69	63.3%
		Brian Richenberger	25	8.56	23.80	15.24	178.0%
		Lara Powers	22	10.59	19.50	8.91	84.1%
	Durfee	Corrine Marquez	25	9.80	19.56	9.76	99.6%
		Linger	28	18.39	36.86	18.46	100.4%
		Shimazu	26	13.69	21.00	7.31	53.4%
	Frank Wright	Smith	25	8.60	28.08	19.48	226.5%
		Willie Thay	26	22.96	29.42	6.46	28.1%
		Montoya	30	12.50	26.27	13.77	110.1%
	Gidley	Wilson	6	5.33	10.50	5.17	96.9%
		Avazian	28	10.50	19.32	8.82	84.0%
		Zelaya	7	32.29	49.14	16.86	52.2%
	New Lexington	Oscar Vivas	25	11.60	15.12	3.52	30.3%
		Chantel Cravens	30	6.77	47.70	40.93	604.9%
		Oscar Lopez	24	28.54	48.63	20.08	70.4%
Wilkerson	Doe	13	26.62	36.62	10.00	37.6%	
	Maldonado	21	14.10	34.62	20.52	145.6%	
	Garcia	16	11.13	19.56	8.44	75.8%	
El Monte Total			681	12.33	24.69	12.36	100.3%
Grand Total			909	11.47	21.65	10.18	88.8%

**Appendix A
Operation Tone-Up
2014 Program Evaluation
Statistical Tests
All Schools**

Test and Confidence Interval for Paired t-Test

Program Indicator	Sample Size	Mean	Standard Deviation	Standard Error Mean	Paired t-Statistic	Degrees of Freedom	P-Value (less than)	99.8% Confidence Interval of Difference	
								Lower	Upper
Knowledge of Nutrients	1409	2.924	2.458	0.065	44.659	1408	0.001	2.721	3.127
Sit-Ups	1171	10.634	16.435	0.480	22.141	1170	0.001	9.146	12.121
Push-Ups	975	5.385	8.800	0.282	19.107	974	0.001	4.511	6.258

Knowledge of Nutrients

H0: Mean Post Test Score is less than or equal to the Mean Pre Test Score

Ha: Mean Post Test Score is greater than the Mean Pre Test Score

The difference between the mean Pre Test Score and the mean Post Test Score was significant at the 0.001 level.

We reject the H0; there was sufficient evidence to conclude that the average score for Knowledge of Nutrients improved as a result of the Operation Tone-Up Program.

Sit-Ups

H0: Mean Post Test Score is less than or equal to the Mean Pre Test Score

Ha: Mean Post Test Score is greater than the Mean Pre Test Score

The difference between the mean Pre Test Score and the mean Post Test Score was significant at the 0.001 level.

We reject the H0; there was sufficient evidence to conclude that the average score for Sit-Ups improved as a result of the Operation Tone-Up Program.

Push-Ups

H0: Mean Post Test Score is less than or equal to the Mean Pre Test Score

Ha: Mean Post Test Score is greater than the Mean Pre Test Score

The difference between the mean Pre Test Score and the mean Post Test Score was significant at the 0.001 level.

We reject the H0; there was sufficient evidence to conclude that the average score for Push-Ups improved as a result of the Operation Tone-Up Program.